CHEER INDIVIDUAL SCORE SHEET

RUNNING/STANDING TUMBLING			
Standing Tumbling Difficulty	Variety Quantity	10	
Standing Tumbling Technique	Timing/Sync/Precision/Body Placement/ Control	10	
Running Tumbling Difficulty	Variety Quantity	10	
Running Tumbling Technique	Timing/Sync/Precision/Body Placement/ Control	10	
JUMPS			
Jump Difficulty	Variety/Combinations/ Quantity/ Approaches	10	
Jump Technigue	Height/Landings/ Precision/ Flexibility	10	
CHOREOGRAPHY			
Motion/ Dance Technique	Timing/Sync/Precision/Body Placement/ Control	10	
Choreography	Variety/Floor Use/Transitions/ Level Changes/Creativity	10	
Performance/ Showmanship and/or Voice	Energy/Facials/Projection	10	
Overall Routine Impression	Solid Routine/Appeal	10	
CHEER INDMDUAL TOTAL SCORE		100	

